



James Series Study Sheet
Week 3—Feb 25
Text: James 1:13-18
Message Title: Temptations

Read James 1:13-18

What is the difference between a temptation and a trial? Can you think of an example from your own life of a situation that was both a trial and a temptation?

“God may test our faith but does not lead us into temptation.” Discuss that statement. What would it look like for God to test us vs tempt us?

Read v14. According to James, where does temptation come from?

What kind of desires drag us away and entice us? Share examples from your own life of desires that have led you in unhealthy directions.

Read v15. James describes a progression of desire leading to sin, and sin eventually leading to death (spiritual death, not physical). What does this pathway look like in real life? Share examples of how ‘small’ sins can become entrenched habits and patterns in our lives that eventually shape our character.

Read v16-18. What are some of the ‘good and perfect gifts’ that God gives us to help us resist temptation?

Read 1 Corinthians 10:13. What promises does this verse contain for times when you experience temptation? Discuss the practical implications of this verse for situations of temptation that you face.

What are some practical things you can do in situations of temptation to avoid walking into sin?

Think of temptations that your loved ones are facing at the moment. What steps could you take to support them in their battles?

When you give into temptation, how easy do you find it to receive God’s forgiveness?

Spend some time praying for one another, for the various temptations you are facing in life. You may want to focus on the line the Lord’s Prayer that says, “lead us not into temptation, but deliver us from evil.”