



## Judges Series Study Sheet

Week 5—May 12

Message Title: Courageous

Text: Judges 4

Read Judges chapter 4.

Who do you most identify with and relate to in this story? Why?

What qualities about Deborah do you notice? What does her relationship with God seem to be like?

What qualities about Barak do you notice? Why does he seem to lack courage?

What qualities about Jael do you notice? What do you think motivated her to kill Sisera?

What does this story reveal about God?

What does this story teach us about the nature and source of true courage?

Share about a time you have lacked courage. What were you afraid of?

Reuben talked about how true courage comes from embracing our own brokenness. How does being real with God and others about our weaknesses lead to genuine courage?

Reflect on this quote from Dan Allender: *"The more we are freed by the love of God from the tentacles of shame and blame, the less likely we will be to give in to fear during a crisis. It is brokenness that increases a heart's capacity to live with courage."* What encouragement do you gain from those words?

How did Jesus demonstrate courage on the cross? How can his courage amidst suffering be an example for our lives?

What practical steps can you take to cultivate true courage in the situations you are facing?